

HOMEOPATHY IN BALI



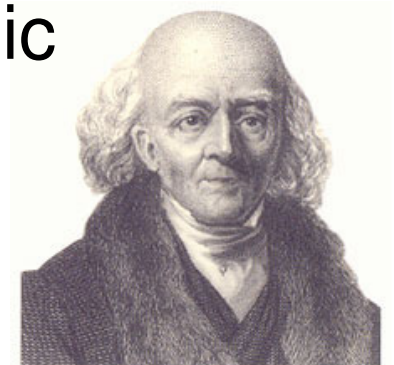
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Practitioner of Homeopathic Medicine

HOMEOPATHY

- A system of natural medicine in use all over the world for more than 200 years
- Discovered by Dr Samuel Hahnemann in Germany
- Used in the public health systems of a number of countries including UK, France, India, Cuba, Mexico, and Brazil
- Based on an immense base of clinical evidence accumulated over the past 200 years
- Used in a wide range of acute and chronic conditions



HOMEOPATHY

- Holistic – views illness as a sign of imbalance which is related to the whole organism – physical, emotional, mental, and environmental/situational.
- Achieves therapeutic action through application of the Law of Similars, or ‘like cures like’
- Achieves gentle therapeutic action through the minimum dose, or prescription of the smallest dose needed to stimulate the body to heal itself

HOLISTIC MEDICINE : FIRST DO NO HARM

- Holistic medicine is a broad term defining a wide range of healing modalities
- They work through the mechanism of 'self-healing' or stimulating the body to heal itself through it's own internal processes, eg. immune system
- Holistic implies that all parts of a person are connected and therefore ultimately affect health and illness patterns
- Eg. A person reacts in a particular way to a situation which sets about a thought pattern which may manifest as a physical pathology.

HOMEOPATHIC MEDICINES

- Prepared from natural sources, eg. plants and minerals
- Considered safe for all ages and free from toxic side effects
- Prepared in a wide range of dilutions and potencies by homeopathic pharmacies
- Affordable for a wide range of people, eg. Indian community homeopathic clinics, UK NHS



HOMEOPATHY IN BALI: THE FUTURE



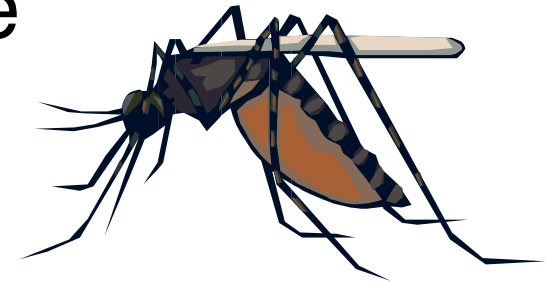
- A complementary therapy that can be integrated into a number of care settings
- Preventative health care: fix lighter issues before they become big problems!
- Natural healthcare plans that can assist in a number of conditions unique to Bali
- Possible solutions to illnesses and syndromes that haven't responded to a range of treatments, e.g. 'Never well since.....'
- A system of natural medicine that is in line with many of the philosophical aspects of Bali

CONDITIONS

- Acute illness: Variety of childhood illnesses, fevers, coughs, colds and flu, eye inflammation, bites and stings, headaches, UTI's, sports injuries, tropical diseases
- Chronic: Syndromes such as CFS, IBS, Fibromyalgia, Asthma, Allergies, Skin, Chronic headaches, hot flushes, 'Never well since....'
- I often see people with conditions that have no 'label'
- General constitutional conditioning

RESEARCH

- Research starting 2010 into the use of homeopathic treatment plans in managing dengue fever
- University of New England, Australia
- Research done in Bali with global scope
- Homeopathy also useful in post-viral syndromes as seen in dengue



MY PRACTICE

- A family homeopathic practice seeing a wide range of people and conditions
- From infants to elderly
- Locations: Sanur, Seminyak, and Ubud
- Always available for questions

